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## Case Report

## Amitriptyline-Induced Bradycardia -

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## ABSTRACT

Amitriptyline is a tricyclic antidepressant and toxicity symptoms can be seen at low doses. Cardiovascular and neurological findings are at the beginning of these findings. Cardiovascular findings include bradycardia, hypotension and various dysrhythmias. Our case is a 2: 1 atrioventricular block case induced by 2x25 mg Amitriptyline daily. Amitriptyline is important in terms of showing that atrioventricular blocks may develop due to low dose use.

**Keywords:** Tricyclic antidepressant; Amitriptyline; Low dose; Toxicity

## INTRODUCTION

Amitriptyline is used in depression, anxiety, post-traumatic stress disorder, insomnia, chronic pain, panic disorder, irritable bowel syndrome, bladder pain syndrome, post herpetic neuralgia and migraine [1,2]. This drug is a tricyclic antidepressant that blocks the reuptake of neurotransmitters such as norepinephrine and serotonin [3]. Amitriptyline has an anticholinergic effect. The effect of this drug begins in 2-4 weeks. Tricyclic antidepressant drugs have potential lethal cardiovascular and neurological effects in poisoned patients. Tricyclic antidepressants cause cardiovascular and neurological effects with central nervous system, sympathetic or parasympathetic effects [4]. Changes in mental status, dysrhythmia, hypotension, seizures and bradycardia are the main effects [4]. Arterial blood pressure measurement and electrocardiographic evaluation play an important role in determining the cardiac toxic effects of these drugs. In this article, we presented a case with amitriptyline-induced bradycardia.

## CASE REPORT

A 68-year-old woman presented to the cardiology outpatient clinic with dizziness and fainting. The patient had no additional disease. She applied to psychiatry outpatient clinic 2 weeks ago. After the diagnosis of depression was made by the psychiatry clinic, 1x25 mg/day Amitriptyline was started. The patient used Amitriptyline 2x25 mg/day for 2 weeks. Blood pressure was arterial 110/70 mmHg, respiratory rate 10/min, heart peak rate 75/min. There was an intermittent 2:1 atrioventricular block in the

electrocardiography of the patient (Figure 1). Routine hematological, biochemical parameters and thyroid function tests were normal. Coronary angiography was normal (Figure 2,3). There was no secondary reason to explain atrioventricular block other than the use of Amitriptyline in the patient. For this reason, Amitriptyline was discontinued. Hemodynamic and rhythm monitoring was performed on the patient. Subsequently, the patient's clinic improved. Follow-up electrocardiography was normal sinus rhythm (Figure 4). The patient was followed up for a few more days and was discharged.

## DISCUSSION

Central nervous system and cardiovascular system effects are seen in tricyclic antidepressant poisoning. Among these drugs, amitriptyline is responsible for overdose effects by various mechanisms. Inhibition of the uptake of neurotransmitters such as norepinephrine and serotonin, blockade of cardiac fast sodium channels, blockade of central and peripheral anticholinergic receptors, blockade of peripheral alpha 1 adrenergic receptors, blockade of histamine receptors and the blockage of Gamma aminobutyric acid-A receptors in the central nervous system [5-7]. Amitriptyline may cause heart rate variability, slow intracardiac conduction, corrected QT prolongation, and various arrhythmias [8]. Bradycardia was also observed in our case. In amitriptyline toxicity, if the QRS width is > 100 ms, the corrected QT is > 430 ms, and the R/S ratio in aVR is > 0.7, serial electrocardiography is recommended. Serial electrocardiographic evaluation was performed in our case. In electrocardiographic follow-ups, there was no arrhythmia except intermittent 2:1 block. The use of low doses of amitriptyline in our

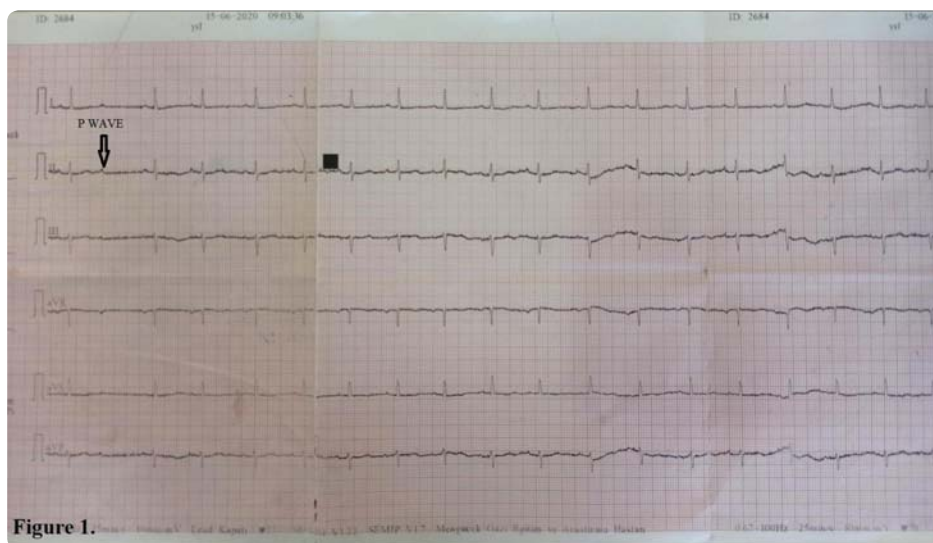


Figure 1.

Figure 1: Electrocardiography shows 2:1 atrioventricular block.

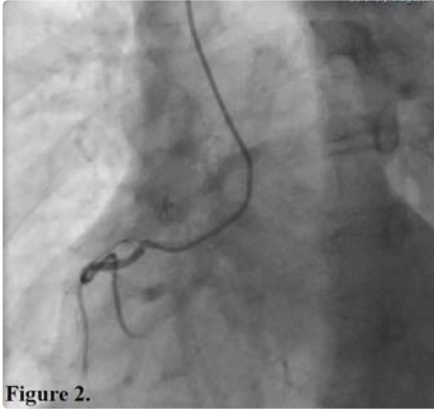


Figure 2.

**Figure 2:** Coronary angiography shows normal right coronary artery coronary artery.

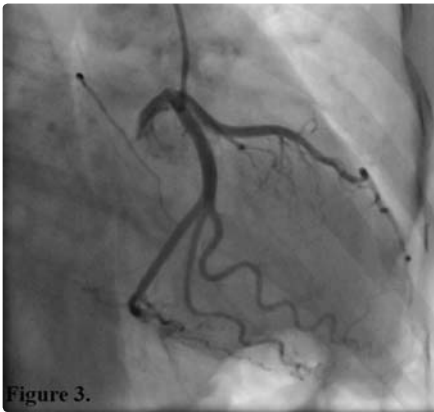


Figure 3.

**Figure 3:** Coronary angiography shows that the left anterior descending coronary artery and circumflex coronary artery are normal.

case may have influenced this result. Amitriptyline is a tricyclic antidepressant and the initial dose in the treatment of depression is 25 mg/day [9]. Our case used the initial dose of 2x25 mg/day. Amitriptyline toxicity is usually seen at doses of 5mg/kg. However, in our case, the drug dose was well below this level. The low weight of our patient and taking the initial dose of medication 2x1 may have caused bradycardia. Moderate toxicity is seen at doses of 50 mg/day, while severe toxicity can be seen at doses of 300 mg/day. In our case, the use of drugs at 50 mg/day and the intermittent 2:1 block suggest moderate toxicity [10].

In conclusion, we should always keep in mind that tricyclic antidepressants such as amitriptyline may have toxic effects at low doses.

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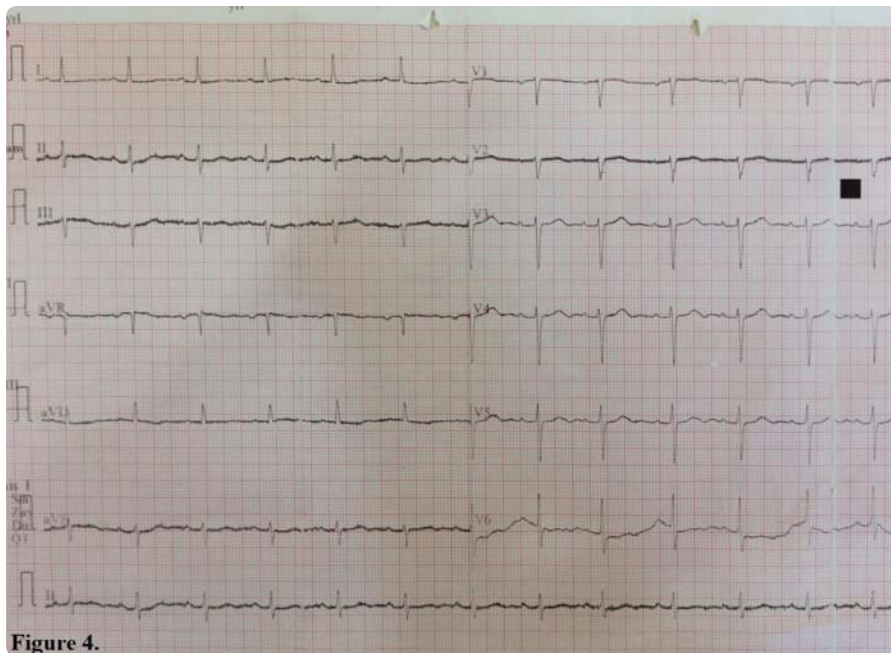


Figure 4.

**Figure 4:** Follow-up electrocardiography is normal sinus rhythm.

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