



# Journal of Research in Diabetes & Metabolism

Review article

## Effective Treatment of Diabetes Mellitus and Autoimmune Diseases by Resonance Medicine-

**Praznikov Victor\***

*Omer, Israel*

**\*Address for Correspondence:** Praznikov Victor, Omer, Israel, Tel: 972-050-990-0739;

E-mail: praznikov@yandex.ru

**Submitted:** 16 July 2022; **Approved:** 25 July 2022; **Published:** 26 July 2022

**Cite this article:** Victor P. Effective Treatment of Diabetes Mellitus and Autoimmune Diseases by Resonance Medicine. Res Diabetes Metab. 2022 July 26;8(1): 005-0010.

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## ABSTRACT

Diseases - diabetes mellitus (especially type 1) and autoimmune diseases are incurable diseases. In type 1 diabetes, the beta cells of the tail of the pancreas die. It is in the beta cells of the tail of the pancreas that insulin is located, a hormone that maintains normal blood sugar levels in patients with type 1 diabetes. Until now, no methods have been known to restore dead pancreatic beta cells. Methods for restoring the lymphoid system in patients with autoimmune diseases were not known. With these diseases, the normal properties of the lymphoid system are lost. This review aims to present materials on the effective treatment (cure) of these diseases. For the treatment, the resonance therapy method was used, which has been known for at least 25 years and which has been modified in our work since 2016. The essence of our modification was that the author began to use 1. Not only low (previously known), but also high potencies of resonant drugs. 2. We have created a direction in resonance therapy, which is called "resonance of creation." So far, only the direction known as "resonance of destruction" is known, with the help of which oncological tissues, infectious processes, cysts, stones, etc. are treated - destroyed. With the help of the resonance of creation, various biological structures that have undergone degeneration and death are restored - the myelin sheath of the nerves in multiple sclerosis, nerve cells in Parkinson's disease and Alzheimer's disease, etc. With the help of the resonance of creation, the beta cells of the tail of the pancreas are restored in type 1 diabetes, and restoration of the lymphoid system in autoimmune diseases. So, in patients with autoimmune diseases, organ preparations were tested: "lymph nodes", "lymphocytes". It turned out that in all patients with various autoimmune diseases, lymph nodes, lymphocytes were tested as being in a degenerative state. There was not a single patient whose lymph nodes and lymphocytes were tested as normal. The task was to normalize the functional state of the lymph nodes and lymphocytes in our patients and thereby take an important step towards curing their autoimmune disease. To this end, it was necessary to increase the potency of the lymph nodes and lymphocytes in the same way as we did it in relation to the beta cells of the pancreas in patients with diabetes mellitus, in relation to the substantia nigra of the midbrain in patients with Parkinson's disease and in relation to the myelin sheath nerves in multiple sclerosis. After testing organ preparations: "lymph nodes", "lymphocytes" in patients with autoimmune diseases, the potency was selected, which led to the fact that lymph nodes and lymphocytes were no longer tested as degenerated formations. It was this potency of lymph nodes and lymphocytes that was the basis for the treatment of patients. Thus, as a result of the treatment of diabetes mellitus (especially type 1) and autoimmune diseases by resonance therapy, these diseases become curable.

**Keywords:** Diabetes mellitus; Autoimmune diseases; Resonance medicine; Resonance of destruction; Resonance of creation

## INTRODUCTION

The first type of diabetes is insulin dependent. As a rule, in such patients, more often children or adolescents, the full range of consequences of reduced immunity is revealed [1-4]. At the same time, cholecystitis is diagnosed, possibly gallstones, pyelonephritis, and kidney stones. As a rule, chlamydia, a large number of viruses, fungi, helminths are detected. All this is entered into the prescription for the preparation of the drug for treatment.

Beta-cells of the pancreas in some patients with the first type of diabetes, in principle, can be healthy. But the problem is that they are suppressed by the autoimmune process. The initial push is an inflammatory process in the pancreas. It occurs due to the infiltration of cells of the immune system (T-lymphocytes) into the islets of Langerhans. Due to a coding defect, T-lymphocytes recognize outsiders in beta cells, carriers of infection. Since the task of T-lymphocytes is to destroy such cells, they destroy beta cells.

Treatment of diabetes mellitus is possible with pancreas transplantation, transplantation of the islets of Langerhans and individual beta cells. In addition, the "fashionable" method is the treatment of diabetes mellitus with stem cells [1-4].

The main cause of diabetes is a dysfunction of the immune system. Stem cell treatment for diabetes is based on the replacement of dead pancreatic cells (beta cells) with stem cells. After the stem cells are attached to the pancreatic tissues, they are transformed into active cells [1-4].

In diabetes mellitus, the introduction of stem cells is carried out using a catheter through the pancreatic artery using an X-ray scanner, which lasts 90 minutes. But at the first stage, bone marrow is taken from the pelvic bone of a diabetic using a thin needle (under local anesthesia). From the bone marrow taken, stem cells are isolated in the laboratory. The quality of the extracted cells is tested in the laboratory

and their number is counted. The effect of treatment the patient can feel in 2-3 months after the start of treatment. For an effective result, the treatment is performed one or several times repeatedly.

Side effects of stem cell treatment for diabetes mellitus.

1. Expensive method. Insurance companies do not include it in the list of compulsory health insurance.
2. Frequent illnesses with viral and infectious diseases, tk. there is no body protection.
3. There is uncontrolled cell division, which provokes the oncological process.
4. The method is quite controversial and does not have full effectiveness and evidence. It is under development and requires a long period of research and practice.

In 80% of people with type 2 diabetes, so-called misfolded Islet Amyloid Polypeptide Proteins (IAPPs) accumulate in tissues. IAPPs grow in a process called folding, and misfolded IAPPs are thought to damage pancreatic beta cells, impairing the body's ability to produce insulin. In other words, in both type 1 and type 2 diabetes, pancreatic beta cells are weakened or completely disappear.

### Treatment of Diabetes with Resonance Therapy

For the diagnosis and treatment of diseases, bioresonance therapy is used, which arose thanks to the German researchers Foll R, et al. [5], Shimmel HW [6]. In the diagnosis and treatment of bioresonance therapy, the so-called "nosodes" are used - wave copies of various diseases and "organopreparations" - wave copies of normally functioning organs. A feature of the use of nosodes and organopreparations in our work was that we used not only low potencies of nosodes and organo preparations, but also high ones [7-15], while in previous works we used only low potencies of nosodes and organopreparations [7-15].

Resonance has been used for many years in the treatment of various diseases [7-16].

Destruction resonance is possible with the use of nosodes. Initially, testing (diagnosis) of the patient is carried out. On the device for bioresonance therapy, a disease nosode is set, for example, "stomach cancer" and this nosode is tested in a patient. If the nosode is being tested, the arrow on the display does not reach the value 100 and falls, for example, at a value of 50. This indicates that this patient is diagnosed with stomach cancer. The task of the doctor using the method of bioresonance therapy is to select in the device selector connected to the computer that potency of the nosode "stomach cancer", which will enter into resonance with the nosode that is tested on the computer of the device in the patient. If the nosode is chosen correctly, it will resonate with the nosode that is initially tested in the patient. The effectiveness of this selection of nosode potency is revealed in such a way that when testing the gastric cancer nosode in a patient, together with the selected potency of this nosode, it leads to the fact that the original nosode, which is in the computer program of the device for bioresonance therapy, ceases to be tested.

Each organ, each disease has its own frequency of oscillations. A nosode with such a potency is selected, which will have the same vibration frequency to create resonance and destroy, for example, a tumor. In the event that the potency of the selected nosode is not sufficient (the frequency of oscillations of the nosode is less than the frequency of oscillations of the tumor), the initial nosode in the bioresonance therapy device itself continues to be tested. In other words, under these conditions, the method used does not cause resonance and does not lead to the destruction of the tumor.

In senile diseases, in which the process of degeneration, destruction of an organ or part of an organ occurs, the use of the destruction resonance method to restore the organ is not possible. It is necessary to use those methods that restore the destroyed organ, destroyed tissue. And this method is the resonance of creation. It has been shown that the use of the resonance of creation is extremely effective in the treatment of degenerative diseases - Parkinson's disease, Alzheimer's disease, multiple sclerosis, autoimmune diseases, etc. [7-15]. It is possible to create a resonance of creation in a patient with an organopreparation of one or another organ or part of it. It is not possible to create the resonance of creation with the nosode of this or that disease. How is the resonance of creation created?

### Effective Treatment for Diabetes Type 1

In our previous works [7-9] and in monographs [10-15] considered two options for using resonance in medicine - the resonance of destruction and the resonance of creation. Resonance has been used for many years in the treatment of various diseases [16]. In this paper, we will consider the possibilities of effective treatment of diabetes and autoimmune diseases using the methods resonance of creation. In the diagnosis and treatment of bioresonance therapy, the so-called "nosodes" are used - wave copies of various diseases, including oncological ones, and "organopreparations" - wave copies of normally functioning organs. A feature of the use of nosodes and organopreparations in our work was that we used not only low potencies of nosodes and organopreparations, but also high ones [7-15], while in previous works we used only low potencies of nosodes and organopreparations [7-15].

In the treatment of type 1 diabetes mellitus, the doctor finds an organ preparation of the pancreas tail (organopreparation) in a

computer selector connected to a bioresonance therapy device and tests it in a patient on a bioresonance therapy device. If the organ is functioning normally, then during testing, the arrow on the computer display reaches the value 100 and does not fall. In the same case, if the organ does not function normally, then when testing the organopreparation, the arrow does not reach the value of 100 and falls. The doctor needs to restore to normal the functioning of the organ under study - the tail of the pancreas. As shown in the published article and in monographs [7-15], for this purpose it is necessary to create a resonance between the organopreparation, which is in the selector of our computer and is tested in the patient, and the corresponding organopreparation, which must enter into resonance with the tested organopreparation in the patient. The organopreparation taken from the device selector is recorded and the potency (most often high) is selected for it, which will enter into resonance with the organopreparation being tested in the patient. The selected organopreparation with the required potency remains in the device for bioresonance therapy. If the potency is chosen correctly, then testing the original organopreparation in the device selector leads to the fact that the organopreparation of the pancreatic tail ceases to be tested in the patient, i.e. the arrow of the device reaches the value of 100. If the potency of the organopreparation is not chosen correctly, then the arrow of the device falls below the value of 100.

So, we have selected the potency of the organopreparation - the tail of the pancreas, and thus it enters into resonance with the organopreparation that is being tested in the patient. What is the meaning of the resonance we create? In contrast to the resonance of destruction, the new resonance of organopreparations created by us does not lead to the destruction of the organ. It leads to the restoration of the organ - the tail of the pancreas and the beta cells that are in it.

The doctor writes down on sugar grains the information that is available on the selected organopreparation with the necessary potency, and this sugar grain becomes a medicine for the patient. The patient takes sugar grains and is treated - the degenerated organ is restored. This is evidenced by the testing of the organ under study throughout the entire period of treatment. In the process of treatment, the computer arrow during testing gets closer and closer to the value of 100 without falling, and the doctor understands that the degenerated organ is being restored. At the same time, the normalization of blood sugar levels occurs, and the need for insulin drops to zero.

Thus, the use of the resonance of creation can lead not only to the cure of those diseases that arise as a result of degeneration or senility (Parkinson's disease, etc. [1-9]), but also to the restoration of an organ that was in a state of degeneration or a pathological state. Namely, the tail of the pancreas.

We knew that without repairing the pancreatic beta cells that produce insulin, hormone replacement therapy would not be able to cure diabetes.

When testing a patient, problematic organs are found - the pituitary gland, hypothalamus, limbic structures of the brain. Organopreparations of these formations are included in the treatment. We consider it extremely important that we tested the nosodes "multiple sclerosis" and "myelin sheath" in all patients with the first type of diabetes mellitus. In other words, our patients had multiple sclerosis, but not widespread, which affects numerous structures of the nervous system, but limited, which is present only in those structures of the nervous system that innervate the pancreas

and, more precisely, the tail of the pancreas. That is why we included the treatment of multiple sclerosis in the treatment program for all patients with diabetes. In addition to lowering blood sugar, the patient is often tested for cholecystitis, cirrhosis of the liver, gallbladder stones, pyelonephritis, kidney stones, microorganisms - viruses, bacteria, fungi and, most importantly, chlamydia. Destruction resonance is used to treat these comorbidities. As a result of treatment, antimicrobial, antiviral and antifungal immunity rises in patients.

The diabetologist understands that the cure of diabetes mellitus cannot be stable until the autoimmune process, which is associated with degradation, dementia of lymphocytes, is cured. The autoimmune process is cured with the help of the resonance of creation [1-9]. That is why, in the present conditions, when the process of restoring the activity of lymphocytes has been found and tested, the process of curing diabetes and other autoimmune diseases can give a positive long-term prognosis in the cure ( see second division of this article).

Thus, the treatment of autoimmune diseases can be effective if at least two components are used: 1. Treatment of nosodes or organopreparations of the disease itself and 2. Treatment of the autoimmune process, namely the cure of lymphocytes. The effectiveness of the treatment is revealed already in the process of the treatment itself, when the blood sugar content is normalized and the need for insulin is reduced to zero. The resonance method of treatment is absolutely safe, has no side effects.

## Effective Treatment for Diabetes Type 2

In the second type of diabetes mellitus, in addition to the nosode "diabetes mellitus of the second type", those organopreparations were tested that were also detected in the first type of diabetes mellitus - the pituitary gland, hypothalamus, diencephalon. It is important to pay attention once again to the fact that manifestations of multiple sclerosis also occur in type 2 diabetes mellitus, as evidenced by the testing of the nosode "multiple sclerosis" and the organopreparation "myelin sheath". It is clear that all tested nosodes and organopreparations, including drugs for the treatment of the autoimmune process, were included in the prescription for the treatment of patients.

In the treatment of type 2 diabetes mellitus, it is necessary first of all to treat amyloidosis by the destruction resonance method. This is due to the fact that amyloid strands in this form of diabetes are located on the beta cells of the pancreas.

In patients with the second type of diabetes mellitus, as well as in patients with the first type of diabetes mellitus, not only elevated blood sugar is determined, in connection with which the nosode is tested "diabetes mellitus of the second type", but also the nosode "multiple sclerosis", organopreparations "myelin sheath", "hypophysis", "hypothalamus", "diencephalon", "tail of the pancreas". These nosodes and organopreparations were included in the treatment plan for patients.

Recently, it is believed that the cause of type 2 diabetes is the so-called "energy poisoning" - excessive consumption of food saturated with energy [Shmuel Levit]. Normalization of the body's energy balance leads to remission of type 2 diabetes mellitus.

Thus, the treatment of the second type of diabetes mellitus was carried out effectively using the method of resonance of creation and resonance of destruction, as well as using the nosod "autoimmune process".

## Recovery of Pancreatic Function Generally

In patients with type 1 diabetes, degeneration occurs not only in the tail of the pancreatic gland, but also in the entire pancreas. In this regard, in such patients, it is necessary to restore the entire pancreas, which is carried out using the resonance of creation. A similar method is used to restore the pancreas in patients with type 2 diabetes mellitus.

An equally important task in the treatment of diabetes mellitus is the restoration of the pancreatic arteries - the lower pancreaticoduodenal artery and the upper pancreaticoduodenal artery, which is carried out using the resonance of creation.

## Autoimmune Diseases

Autoimmune diseases are a wide class of diseases of heterogeneous clinical manifestations that develop as a result of pathological production of autoimmune antibodies or the multiplication of autoaggressive clones of killer cells against healthy, normal body tissues, leading to damage and destruction of normal tissues and the development of autoimmune inflammation [10-15].

The main characters of adaptive immunity - B and T - lymphocytes. They originate from bone marrow stem cells. B cells are specialized to fight bacteria, viruses, and cancer cells. They secrete proteins - antibodies that attach to disease-causing organisms and help break them down. Thymosin is a hormone of the thymus gland (thymus) that supports the functioning of B and T cells. T cells primarily attack and destroy foreign bodies such as cancer cells and transplants. Helper T cells are lymphocytes that mature in the thymus, and those that mature in lymphocytes are B lymphocytes. The leading role in the autoimmune process is played by autoimmune lymphocytes, which mistake the cells of their own body for foreign ones and attack them.

In a healthy state, with their completely normal functioning, they (autoimmune lymphocytes) are contained in small quantities and do not attack any structures.

So, autoimmune diseases are caused by a dysfunction of the immune system as a whole or its individual components. In particular, suppressor T-lymphocytes are involved in the development of systemic lupus erythematosus, myasthenia gravis or diffuse toxic goiter. In these diseases, there is a decrease in the function of this group of lymphocytes, which normally inhibit the development of the immune response.

Thus, in autoimmune diseases, the immune system perceives tissues as foreign elements and begins to damage them. In contrast, in the normal state of the body, the immune system exerts tight control over such a cell. But under certain conditions, for example, with aging of lymphocytes, their degeneration, degeneration of the lymphatic system as a whole, violation of their own functions in the human body, control over such cells can be lost and as a result they begin to act in such a way that they destroy already normal, full-fledged cells. This is how an autoimmune disease develops.

With the development of systemic lupus erythematosus, myasthenia gravis or diffuse toxic goiter, suppressor T-lymphocytes are involved. We repeat - in these diseases, there is a decrease in the function of this group of lymphocytes, which normally inhibit the development of the immune response and prevent the aggression of the body's own tissues.

## Possible Reasons

Degeneration, aging of lymphocytes and, in general, the lymphatic system of organs is a necessary condition, but not always sufficient for the occurrence of an autoimmune process. Other causes of autoimmune disease are also important.

Exposure to the external environment - such as infection or others (inflammation and secreted biologically active substances) promote the entry of lymphocytes into tissues and the activation of autoreactive clones of T cells, which leads to tissue damage and the maintenance of autoimmune processes, further developing an organ-specific autoimmune disease.

Thus, the production of pathological antibodies of pathological killer cells can be associated with the infection of the body with such an infectious agent, the antigenic determinants (epitopes) of the most important proteins of which resemble the antigenic determinants of the host tissues. It is by this mechanism that glomerulonephritis develops after a streptococcal infection or autoimmune reactive arthritis after gonorrhea. The autoimmune reaction can also be associated with the destruction or necrosis of tissues caused by an infectious agent, or a change in their antigenic structure so that the diseased tissue becomes immunogenic for the host organism. It is by this mechanism that autoimmune chronic active hepatitis develops after hepatitis B.

The third possible cause of an autoimmune reaction is a violation of the integrity of tissue (histo-hematous) barriers, which normally separate some organs and tissues from the blood and, accordingly, from the immune aggression of the host's lymphocytes.

The fourth possible cause of the body's autoimmune reaction is a hyperimmune state (pathologically enhanced immunity) or an immunological imbalance with a violation of the "selector", suppressing autoimmunity, thymus function or with a decrease in the activity of the T-suppressor subpopulation of cells and an increase in the activity of killer and helper subpopulations.

## Treatment

Immunosuppressants: azathioprine, prednisone, thymopressin, cyclophosphamide, cyclosporine. Biologically active agents: TNF- $\alpha$  blockers (infliximab, adalimumab, etanercept, CD40 receptor blockers: rituximab, T-lymphocyte differentiation blockers - halofuginone.

## Diagnostics and Treatment of an Autoimmune Process by the Method of Resonance Medicine

Is it possible to cure the degradation, "aging" of lymphocytes, return them to a normal, non-degenerated state and thereby exclude the possibility of lymphocytes attacking normal tissues? Lymphocytes are part of the whole lymphatic system, including the lymph nodes. Degeneration of lymphocytes is part of the degeneration of the entire lymphatic system. This is why it is extremely important to heal the degenerated lymphatic system.

It was suggested that the beta cells of the pancreas in diabetes mellitus could be restored by means of creative resonance therapy and this was the way to cure diabetes mellitus. A fundamentally similar process is possible with the loss of the substantia nigra of the midbrain in Parkinson's disease and with the degradation of the myelin sheath during multiple sclerosis. Creative resonance therapy is able to restore lost morphological formations and provide a way to cure Parkinson's disease and multiple sclerosis [7-15].

For a complete cure of these diseases, it is important to what extent it is possible to restore the functional state of the lymphatic system and its part - lymphocytes in the listed autoimmune diseases.

In patients with autoimmune diseases, organ products were tested: lymph nodes, "lymphocytes". It turned out that in all nineteen patients with various autoimmune diseases, lymph nodes, lymphocytes were tested as being in a degenerative state. There was no patient whose lymph nodes and lymphocytes were tested as normal.

The task was to normalize the functional state of the lymph nodes and lymphocytes in our patients and thereby take an important step towards curing their autoimmune disease. To this end, it was necessary to raise the potency of the lymph nodes and lymphocytes in the same way as we did in relation to the beta cells of the pancreas in patients with diabetes mellitus, in relation to the substantia nigra of the midbrain in patients with Parkinson's disease and in relation to the myelin sheath nerves in multiple sclerosis [7-15].

After testing organ products: "lymph nodes", "lymphocytes" in patients with autoimmune diseases, the potency was selected, which led to the fact that the lymph nodes and lymphocytes were no longer tested as degenerated formations. It was this potency of the lymph nodes and lymphocytes that was the basis for the manufacture of sugar crumbs, which patients took and were treated with.

Already on the first day of treatment, all patients noted that when testing organopreparations "lymph nodes" and "lymphocytes" with them, there was a significant noticeable shift in the normalization of their potency. From the very first days of treatment, testing the "autoimmune condition" nosode in patients and in their diseases showed that they were tested less and less until they stopped being tested.

The above shows that if in autoimmune diseases the lymph nodes and lymphocytes were in a state of degeneration and thereby led to the onset of the disease, their treatment contributed to the normalization of the state of the lymph nodes and lymphocytes, which opened the way for the cure of autoimmune diseases.

It is important to pay attention to the fact that in the works cited, degraded, aged lymphocytes were not destroyed, but transformed into healthy, normal cells. At the same time, the number of lymphocytes in the body did not decrease, but remained exactly the same as before their transformation.

Thus, the materials of this review article meet the three principles of evidence-based medicine - scientific (resonance - scientific non-direction), efficiency and safety.

## CONCLUSION

The problem of the treatment of diabetes mellitus remains very relevant. Almost 500 million people worldwide suffer from diabetes, and the life expectancy of people with this disease is ten years less than that of people without diabetes. The review article for the first time presents an original and effective method of treating diabetes mellitus - the resonance of creation and the resonance of destruction, which allow curing the disease. With the introduction of this method into practice, there will be no people with diabetes on Earth, and life expectancy will increase by 10 years. The method of resonance therapy is technically reliable, does not cause side effects and complications.

The problem of the treatment of autoimmune disease - remains very relevant. The review article for the first time presents an original

and effective method of treating autoimmune disease - the resonance of creation, which allow curing the disease. The method of resonance therapy is technically reliable, does not cause side effects and complications.

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