International Journal of Neurological Disorders

Book Review

First Aid -

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Submitted: 03 December 2018; **Approved:** 26 December 2018; **Published:** 28 December 2018

Cite this article: Iqbal U. First Aid. Int J Neurol Dis. 2018;2(1): 024-025.

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ISSN: 2639-7021

Written by Maizal Affendey, this book is written to meet the needs of scouting activity, especially for those who want to get more detailed and detailed guidance or guidance in matters relating to the scout movement. Its small size and its content focused on just one topic makes this book unique. This book is made in such a way as to facilitate the scout taking him anywhere besides being able to make reference to certain skills immediately. Overall, the books contained in this series are processed to cover the entire skill associated with the scout movement based on the badge tests that every scout must pass. It is hoped that the books contained in this Scout Guide Series will benefit every citizen in order to inculcate a responsible, independent and harmonious spirit in aspiring aspirations. First aid is one of the skills that is based on the principles of medical practice and surgery. A skilled and efficient scout in first aid will be able to help the victim to facilitate further treatment. Treatment given during an emergency can be carried out using the equipment and means of treatment recognized until the victim is handed over to the doctor's supervision or transferred to the hospital.

The task or the assistance and treatment provided to the victim will save the victim's life. The treatment can also keep the injuries stagnant. Providing early treatment through first aid knowledge will help alleviate the pain, as well as help reduce congestion before the victim gets further treatment from the doctor. Every scout must know the structure of the human limb. The scout must be able to name the existing parts. References can be made through science books. Scouts are also encouraged to ask the school's science teacher for a clearer explanation. As a scout who learns first aid, you must be able to name the body structure and system. This is because we have to take good care of the body to avoid injury. There are some rules that every scout must follow in case of an accident. While acting must do so carefully and in a state of calm. There are four main steps to think and do immediately, to face the situation, to determine what happens to the victim, to provide immediate treatment and to arrange where the victim should be taken to either the doctor, the hospital, the clinic or the home. This depends on the injury suffered by the victim.

First aid equipment should be stored in a special box or box. Ideally the first aid box should always be taken everywhere. This box should be taken during a scout meeting or while attending a camping. This box should be provided in full to meet any possibility. However, this box should not be too large. The appropriate size for an emergency box is 30 cm x 12 cm x 12 cm. If this emergency box is for your own use, use the simple box as it is in the market today. An emergency aid box should be placed in the appropriate place. Record emergency telephone numbers such as doctor's phone number, hospital or clinic for convenience. Among the first aid equipment to be provided are gauze, rolled bandages, triangular bandages, adhesion bandages and regular attached bandages, antiseptics, antiseptic cream, fever remedies, wind oils, appropriate medicines to help launch the excretion, eye cleaning fluid, balsam or swab medicine for headgear and muscle cramping, needle and chopsticks, appropriate pin pins for refinement of a bandage or bandage, knife or scissors that can cut cloth, rolled bandage, cloth and so on.